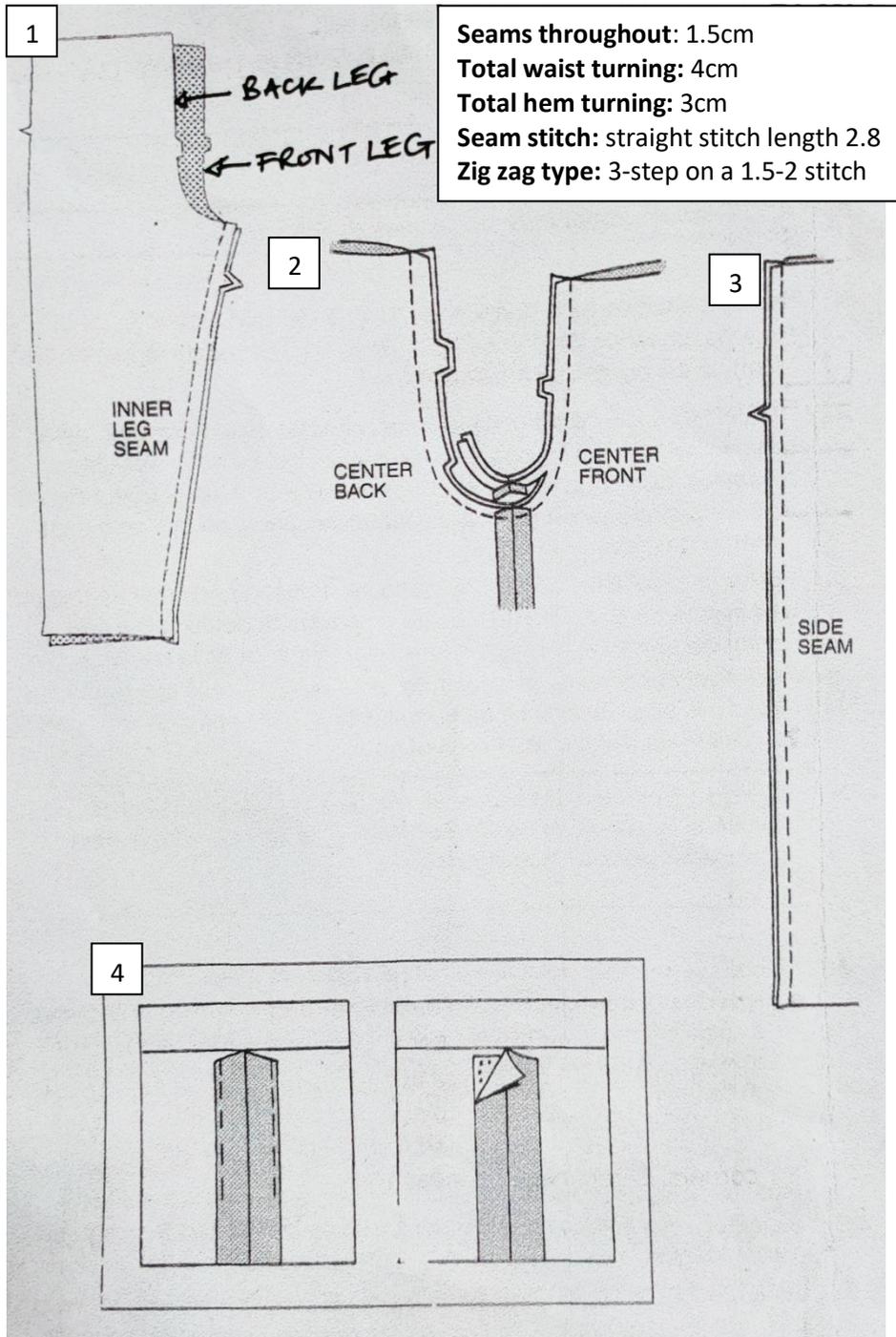


## Making our in-class Pyjama pants

Sew In Brighton Sewing School



1. Stitch front leg to back leg (right sides together) at inner leg seams

Zig-zag seams together

Press seams together towards back leg (spread trouser over ironing board to open seam properly when pressing)

Repeat for other leg

2. With right sides together, pin curved crotch centre seam, matching inner leg seams and notches. Stitch seam

To reinforce seam, stitch again over first stitching.

Trim seam allowance in curved areas down to 6mm/1/4"

Zig zag edges taking care to stay on the raw edges of the seam allowance and not to zig zag over the seam into the body of the trousers

3. Stitch front to back at side seams

Try on.

If needs taking in: pin better seam line, take off and turn inside out to mark pin locations with wash-out pen or chalk. Change direction of pins for sewing and sew side seam again on your pin marks

Try on again to check sides an waist height is good (will be turning under 4cm on waist)

Trim seam allowance on sides down to 1.5cm seam allowance

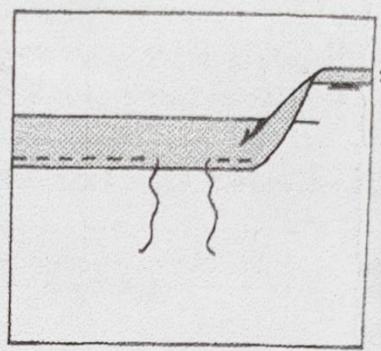
Zig zag side seam allowance together

Press seam allowance towards back (can feed onto sleeve board for ironing)

3.25  
cm



5

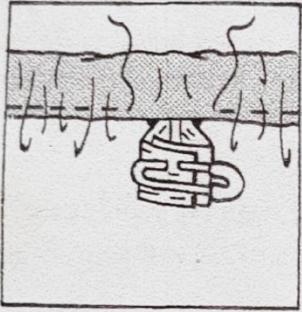


0.75  
cm

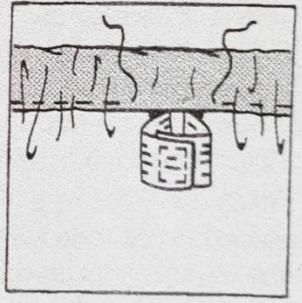
4.(image on previous page):

To keep elastic from getting stuck in the seam allowance as it's inserted into the waist casing (turned under waist), anchor the seam allowances to the garment within the casing area. Use fusible interfacing strips, or water-soluble glue pen or machine basting under the seam allowance on the first 8cm down from the top. Be sure to remove any basting after casing is finished

6



7



5. The waist has 4cm total turning. We are going to press 0.75 under first, then 3.25cm

To do this: on the inside top edge of your pj's, mark a line double the amount you want to turn, all the way round, in from the raw edge in chalk or wash-out pen.

Then press to the line with an iron, therefore halving it to get what you want ie mark 1.5cm, then fold to get your 0.75 turning. Do the same for the 3.25cm (mark 6.5cm line)

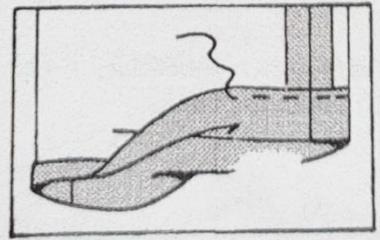
**NOW add buttonholes if doing for fake drawstring effect. We don't usually add buttonholes on our 1-day beginner workshops** - quicker option is to hand sew a bow on afterwards. The buttonhole locations are on the patterns, you should have marked when cutting out

Now stitch the waist turning down, close to the lower edge fold, leaving an opening about 8cm long at the centre back to insert elastic

6. Cut a piece of elastic to fit waist plus 1"/2.5cm for seam (cut a bit longer in case you want them to sit lower on hip when you try on)

Put a medium to large safety pin in one end of the elastic and insert it through the casing. Pin the ends together and try on to check length is correct on elastic

8



7. Stitch ends of elastic by overlapping them and zig zagging. The stitch casing opening closed

To secure elastic so it won't twist when wearing, stitch through all thicknesses of casing in groove of side seam

8. Try on. Mark hem final desired length. Allow 3cm beyond this for hem turning and trim

Press under 0.75 then 2.25 in same method you did on waist. Stitch close to inner folded edge. Press.